

1st Generation Anti-Histamine Dosage Table (for environmental/seasonal allergies and hives)

- These can make children sleepy.
- Now second line after 2nd generation anti-histamines

Diphenhydramine (Benadryl)

Child's Weight (pounds)	20-24	25-37	38-49	50-99	100+
Liquid Suspension: 12.5mg/5mL	4 mL	5 mL (1 tsp)	7.5 mL (1 ½ tsp)	10 mL (2 tsp)	--
Chewable 12.5 mg tab	--	1 tab	1 ½ tabs	2 tabs	4 tabs
Adult 25 mg tab	--	½ tab	½ tab	1 tab	2 tab

- **FREQUENCY:** Repeat every 6 as needed no more than 4 doses in 24 hours.

